

SOCIAL WORK PRACTICE IN EMPLOYEE ASSISTANCE



Social work is a regulated health profession in Newfoundland and Labrador. There are over 1700 social workers registered to practice social work throughout the province. Social workers adhere to a Code of Ethics and Standards of Practice in providing essential, competent, and high-quality services.

Registered Social Workers employed as Employee Assistance Coordinators assist individuals and their families by:

- Helping employees manage personal problems that may adversely impact their work performance, health, and well-being.
- Providing assessment, short - term counselling and referral services for employees and their dependent family members.
- Supporting employees dealing with issues such as anxiety, marital/family relationships, mental health challenges, substance abuse, workplace stress and conflict, and major life transitions.
- Providing programs in conflict resolution, prevention and health promotion activities, and critical incidence response to individuals and workplaces.
- Working with employees, managers, unions, departments, and organizations, in the public and private sector, to enhance employee and organizational health, safety, and wellness.

***Employee Assistance Programs (EAPs) are employee benefit programs offered by many employers, typically in conjunction with a health insurance plan.**



Further information about the social work profession can be found at www.nlcsw.ca or by contacting:

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