


SOCIAL WORK PRACTICE IN MENTAL HEALTH AND ADDICTIONS



Social work is a regulated health profession in Newfoundland and Labrador. There are over 1700 social workers registered to practice social work throughout the province. Social workers adhere to a Code of Ethics and Standards of Practice in providing essential, competent, and high-quality services.

Registered Social Workers provide comprehensive and skilled interventions and services in the field of mental health and addictions by:

- Providing individual and group counselling to treat issues related to mental illness, trauma, addictions, eating disorders, self-esteem, anger and coping, and parenting.
- Counselling couples and families to address relationship issues.
- Advocating for services for individuals.
- Linking individuals and families to resources in the community.
- Providing case management services to people who have a mental illness and could benefit from support as they live independently in the community.
- Educating individuals and families about mental illness and addictions.
- Providing community crisis response services.
- Providing disaster response services to communities.
- Promoting positive mental health at the individual, community, provincial, national, and international level.



Further information about the social work profession can be found at www.nlcsw.ca or by contacting:

Newfoundland & Labrador
College of Social Workers

Phone: (709) 753-0200 Email: info@nlcsw.ca Twitter: [@NLCSWca](https://twitter.com/NLCSWca)