

SOCIAL WORK PRACTICE IN RECREATION



Social work is a regulated health profession in Newfoundland and Labrador. There are over 1700 social workers registered to practice social work throughout the province. Social workers adhere to a Code of Ethics and Standards of Practice in providing essential, competent, and high-quality services.

Registered Social Workers employed in the field of recreation provide important services to enhance the health and well-being of children, youth, adults, and families, which include:

- Educating individuals and communities about the physical and mental health benefits of recreation.
- Supporting individuals to overcome barriers to recreation (such as transportation, enrollment/participation fees and purchasing of relevant equipment).
- Advocating for funding for community recreation services and programs.
- Linking clients with recreation opportunities within their community.
- Working with participants and families to ensure a safe, inclusive environment.
- Advocating for recreation services and/or adaptations to assist persons with disabilities or mental health issues.
- Ensuring that programs are age appropriate and meet the developmental and social needs of participants.
- Working with children/youth and their families to address behavioral concerns.
- Working with communities to identify recreation programs/services to meet their needs.



Further information about the social work profession can be found at www.nlcsw.ca or by contacting:

Newfoundland & Labrador
College of Social Workers

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