

# SOCIAL WORK PRACTICE IN REHABILITATION



**Social work is a regulated health profession in Newfoundland and Labrador. There are over 1700 social workers registered to practice social work throughout the province. Social workers adhere to a Code of Ethics and Standards of Practice in providing essential, competent, and high-quality services.**

**Registered Social Workers employed in rehabilitation, which is a specialty in restoring the health and wellness of people through training and therapy after an accident or illness. Registered Social Workers help individuals and families by:**

- Completing comprehensive psychosocial assessments to identify care planning needs of individuals requiring rehabilitation.
- Collaborating with the interdisciplinary care team to provide holistic, patient centered care.
- Supporting individuals and their families who are coping with the emotional, social, and financial impacts of the medical condition.
- Providing adjustment counselling and information sharing to enhance the individual and family's understanding and navigation of the illness/injury, the emotional and social impact on functional changes, life transitions, changes in life roles (social/familial/employment), healthy coping strategies, caregiver strain, self-care, self-management skills, and the recovery process.
- Offering support and education regarding advanced health care and future planning needs.
- Providing crisis intervention, advocacy, therapeutic intervention and mediation, systems navigation, resource counselling, and discharge planning coordination.
- Offering education on programs and services.
- Engaging in teaching and mentoring opportunities with students and colleagues.



Further information about the social work profession can be found at [www.nlcsw.ca](http://www.nlcsw.ca) or by contacting:

Newfoundland & Labrador  
**College of Social Workers**

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